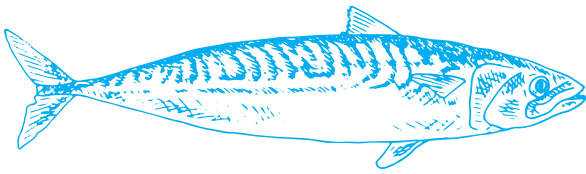




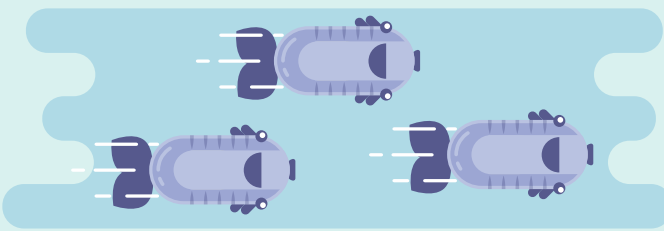
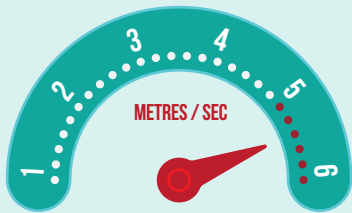
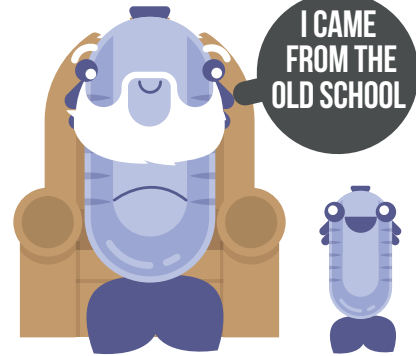
FISHY FACTS

MACKEREL



THE UPPER PART OF THE BODY IS COVERED WITH 20 TO 30 DARK WAVY STRIPES

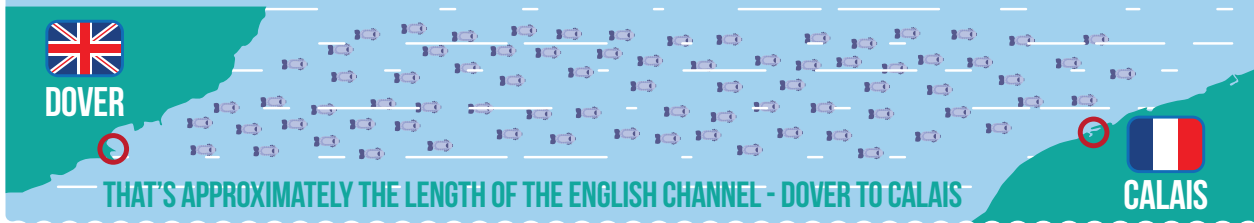
MACKEREL HAVE A LONG LIFESPAN. THEY CAN SURVIVE UP TO 25 YEARS IN THE WILD.



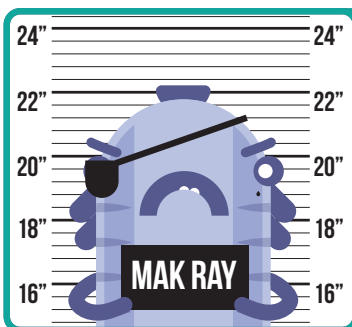
FAST & AGILE

MACKEREL ARE FAST AND AGILE SWIMMERS. THEY CAN SWIM AT THE SPEED OF 5.5 METERS PER SECOND.

MACKEREL SWIM IN LARGE SCHOOLS THAT CAN STRETCH UP TO 20 MILES IN LENGTH!!



THAT'S APPROXIMATELY THE LENGTH OF THE ENGLISH CHANNEL - DOVER TO CALAIS



MACKERELS CAN REACH 12 TO 22 INCHES IN LENGTH



MACKEREL ARE AN IMPORTANT SOURCE OF OMEGA 3 WHICH CAN HELP KEEP YOUR HEART HEALTHY

MACKEREL ARE CARNIVORES